

2002 MIAC Women's Outdoor Track and Field - Individual Results

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100 Meter Dash

Round 1, Heat 1

1	Jenny Ewertz, Sr, St. Benedict	12.60Q
2	Sara Nezworski, Fr, St. Benedict	12.95q
3	Erin Ranta, So, St. Thomas	13.50
4	Tamra Thayer, Sr, Carleton	13.58
5	Becky Asp, Jr, Bethel	13.59
6	Rieanna Dee, So, St. Thomas	14.10
	Leslie Litfin, So, St. Benedict	DNC
	Cerissa Chaney, Sr, Macalester	DNC

Round 1, Heat 2

1	Kelli Tranby, Sr, Concordia	12.53Q
2	Delinda Tamagni, Jr, St. Catherine	13.11q
3	Kristina Isaacson, So, Bethel	13.29q
4	Assumpta Mbele, Fr, Saint Mary's	13.32
5	Emily Tollefson, Fr, Concordia	13.59
6	Kelly Spitzley, So, St. Olaf	14.15
7	Chaia Herrgott, Fr, Hamline	14.31
8	Meghan McNamer, Fr, St. Thomas	14.61

Round 1, Heat 3

1	Jill Ylonen, Jr, St. Thomas	12.48Q
2	Maggie Stolp, So, Gustavus Adolphus	12.80q
3	Kari Rosenfeldt, Jr, Concordia	13.29q
4	Jessica Rosenblatt, So, Carleton	13.31q
5	Melissa Botzet, Fr, St. Olaf	13.32
6	Ashley Farbo, Fr, Gustavus Adolphus	13.71
7	Kristy Gloe, So, St. Olaf	13.73
8	Janine Wetzels, Fr, St. Olaf	14.25

Final

1	Jill Ylonen, Jr, St. Thomas	12.58
2	Kelli Tranby, Sr, Concordia	12.79
3	Jenny Ewertz, Sr, St. Benedict	12.95
4	Maggie Stolp, So, Gustavus Adolphus	13.10
5	Sara Nezworski, Fr, St. Benedict	13.31
6	Delinda Tamagni, Jr, St. Catherine	13.40
7	Jessica Rosenblatt, So, Carleton	13.53
8	Kristina Isaacson, So, Bethel	13.53
9	Kari Rosenfeldt, Jr, Concordia	13.63

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200 Meter Dash

Round 1, Heat 1

1	Kelli Tranby, Sr, Concordia	25.64Q	
			Stadium record
2	Becky Peterson, So, St. Olaf	25.86q	
			Betters old Stadium record
3	Ashley Dingels, Fr, Saint Mary's	26.17q	
4	Assumpta Mbele, Fr, Saint Mary's	26.46q	
5	Kristina Justiniano, Sr, Augsburg	27.12	
6	Kristen Wasser, So, Augsburg	27.14	
7	Kari Rosenfeldt, Jr, Concordia	27.15	
8	Tiffany Trost, Fr, St. Benedict	27.35	
9	Ciara Legato, Fr, Gustavus Adolphus	27.42	

Round 1, Heat 2

1	Jill Ylonen, Jr, St. Thomas	25.38Q	
			Stadium record
			NCAA provisional
2	Jenny Ewertz, Sr, St. Benedict	25.60q	
			Betters old Stadium record
3	Kimberly Davis, Jr, Carleton	26.82	
4	Anne Sikorra, Jr, St. Catherine	26.84	
5	Maggie Stolp, So, Gustavus Adolphus	27.15	
6	Lesley Albertson, Sr, Concordia	27.51	
7	Ashley Farbo, Fr, Gustavus Adolphus	27.88	
8	Tarah Maatz, So, Concordia	27.99	
9	Petra Velanders, Sr, Augsburg	28.14	

Round 1, Heat 3

1	Heidi Vogel, Jr, St. Thomas	25.48Q	
			Betters old Stadium record

2 Elizabeth Durney, Jr, Macalester	25.76q
Betterers old Stadium record	
3 Amber Liss, Sr, Saint Mary's	26.16q
4 Kim Swanson, So, Gustavus Adolphus	26.49
5 Sara Nezworski, Fr, St. Benedict	26.83
6 Katie Joyce, Jr, St. Thomas	27.17
7 Melissa Botzet, Fr, St. Olaf	27.58
8 Kristy Gloe, So, St. Olaf	27.69
9 Kristina Isaacson, So, Bethel	27.85

Final

1 Jenny Ewertz, Sr, St. Benedict	26.36
2 Jill Ylonen, Jr, St. Thomas	26.51
3 Heidi Vogel, Jr, St. Thomas	26.65
4 Elizabeth Durney, Jr, Macalester	26.65
5 Kelli Tranby, Sr, Concordia	26.93
6 Ashley Dingels, Fr, Saint Mary's	27.00
7 Assumpta Mbele, Fr, Saint Mary's	27.43
8 Becky Peterson, So, St. Olaf	27.44
9 Amber Liss, Sr, Saint Mary's	27.65

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400 Meter Dash

Round 1, Heat 1

1 Heidi Vogel, Jr, St. Thomas	59.81Q
2 Kim Swanson, So, Gustavus Adolphus	60.34q
3 Jill Ament, So, St. Catherine	60.84q
4 Tiffany Trost, Fr, St. Benedict	62.20
5 Laura Widen, So, St. Catherine	62.35
6 Liz Cassel, Jr, Carleton	62.89
7 Abby Love, So, St. Olaf	63.60
8 Kelly Spitzley, So, St. Olaf	65.04
9 Erin Davidson, So, St. Olaf	68.43

Round 1, Heat 2

1 Amber Liss, Sr, Saint Mary's	58.75Q
2 Annie Radabaugh, Jr, St. Benedict	60.37q
3 Alicia Wakefield, Jr, Bethel	60.63q
4 Mary McKee, Fr, St. Thomas	60.76q
5 Jamie Bacigalupo, Fr, Gustavus Adolphus	61.46
6 Ciara Legato, Fr, Gustavus Adolphus	62.68
7 Kristina Justiniano, Sr, Augsburg	64.04
8 Amy Mackner, So, Augsburg	65.55
9 Elaine Reeves, Fr, St. Thomas	68.79

Round 1, Heat 3

1 Ashley Dingels, Fr, Saint Mary's	58.71Q
2 Elizabeth Durney, Jr, Macalester	59.70q
3 April Henderson, So, St. Benedict	61.03
4 Lesley Albertson, Sr, Concordia	61.22
5 Kristen Wasser, So, Augsburg	61.62
6 Marit Grorud, So, St. Olaf	62.36
7 Jean Johnson, Fr, Augsburg	64.50
8 Taryn Weakly, Jr, St. Olaf	65.15
9 Kirsten Pearson, Fr, St. Olaf	70.83

Final

1 Ashley Dingels, Fr, Saint Mary's	58.68
2 Amber Liss, Sr, Saint Mary's	58.90
3 Heidi Vogel, Jr, St. Thomas	59.27
4 Kim Swanson, So, Gustavus Adolphus	60.23
5 Elizabeth Durney, Jr, Macalester	60.41
6 Alicia Wakefield, Jr, Bethel	61.29
7 Annie Radabaugh, Jr, St. Benedict	61.32
8 Jill Ament, So, St. Catherine	61.65
9 Mary McKee, Fr, St. Thomas	62.66

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800 Meter Run

Round 1, Heat 1

1 Emily Koller, Jr, Macalester	2:19.51Q
2 Tish Dusich, Jr, St. Thomas	2:19.60Q
3 Carrie Franson, Fr, Concordia	2:19.86q

4	Corrin Hoffman, So, Hamline	2:22.30q
5	Katie Fuhrman, Sr, St. Catherine	2:24.88
6	Tricia Steele, Fr, Bethel	2:29.76
7	Amber Beck, So, St. Thomas	2:31.66
8	Sarah Bird, Fr, St. Thomas	2:33.48
	Aleksandra Radulovic, Fr, St. Benedict	DNC

Round 1, Heat 2

1	Megan Daymont, Jr, St. Olaf	2:18.58Q
2	Teresa Smock, So, St. Thomas	2:18.64Q
3	Kristi Colbenson, Fr, Carleton	2:21.08q
4	Emily Liddiard, Fr, St. Catherine	2:22.68q
5	Amber Converse, So, Macalester	2:23.20q
6	Hannah Dietrich, Fr, Augsburg	2:23.43
7	Jamie Bacigalupo, Fr, Gustavus Adolphus	2:26.11
8	Kristen Winchell, Fr, St. Thomas	2:26.67
9	Kendra Lee, Jr, Concordia	2:26.89

Final

1	Megan Daymont, Jr, St. Olaf	2:15.22
	Stadium record	
	NCAA provisional	
2	Emily Koller, Jr, Macalester	2:19.87
3	Teresa Smock, So, St. Thomas	2:19.89
4	Carrie Franson, Fr, Concordia	2:20.45
5	Corrin Hoffman, So, Hamline	2:20.52
6	Kristi Colbenson, Fr, Carleton	2:22.00
7	Tish Dusich, Jr, St. Thomas	2:22.78
8	Emily Liddiard, Fr, St. Catherine	2:25.21
9	Amber Converse, So, Macalester	2:26.91

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1500 Meter Run

Round 1, Heat 1

1	Margaret Lee, Sr, Carleton	4:52.22Q
2	Brigid Power, Fr, St. Thomas	4:53.75Q
3	Cindy Blendermann, So, St. Benedict	4:54.45Q
4	Tish Dusich, Jr, St. Thomas	4:55.54Q
5	Liz Sorenson, Jr, Concordia	4:56.20q
6	Megan Rose, Fr, St. Benedict	5:00.37q
7	Kjersten Johnson, So, St. Olaf	5:09.55
8	Taylor Page, Jr, Carleton	5:14.40
9	Amy Lehmeier, Fr, St. Benedict	5:20.96
10	Elissa Berry, Fr, Macalester	5:25.13
11	Traci Bartz, Jr, St. Olaf	5:26.48
12	Holly Reinsmoen, Fr, St. Benedict	5:26.61
13	Zoe Schirmer, Fr, Carleton	5:31.92

Round 1, Heat 2

1	Megan Daymont, Jr, St. Olaf	4:48.24Q
2	Angela Wolkowski, Sr, Bethel	4:49.91Q
3	Emily Koller, Jr, Macalester	4:51.36Q
4	Lisa Owen, So, Concordia	4:54.66Q
5	Laura Hudson, Fr, Carleton	4:58.29q
6	Kristin O'Connell, So, Carleton	5:02.47q
7	Stacie Bulfer, So, Gustavus Adolphus	5:04.47
8	Megan Call, Sr, St. Olaf	5:09.15
9	Joan Bennett, Fr, Macalester	5:19.90
10	Emily Hagen, So, St. Olaf	5:25.67
11	Nicole St. Clair, Sr, St. Benedict	5:25.88
12	Samantha Frey, Fr, Macalester	5:26.86
13	Louise Miltich, Fr, Carleton	5:36.12
14	Lisa Wojahn, Jr, Hamline	5:46.28

Final

1	Megan Daymont, Jr, St. Olaf	4:44.86
	Stadium record	
2	Emily Koller, Jr, Macalester	4:49.28
3	Tish Dusich, Jr, St. Thomas	4:52.23
4	Angela Wolkowski, Sr, Bethel	4:53.82
5	Lisa Owen, So, Concordia	5:00.13
6	Brigid Power, Fr, St. Thomas	5:01.98
7	Laura Hudson, Fr, Carleton	5:05.23

8	Cindy Blendermann, So, St. Benedict	5:06.27
9	Margaret Lee, Sr, Carleton	5:07.28
10	Megan Rose, Fr, St. Benedict	5:12.72
11	Liz Sorenson, Jr, Concordia	5:12.81
12	Kristin O'Connell, So, Carleton	5:24.28

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5000 Meter Run

1	Laura Bloedorn, Jr, Carleton	18:37.15
2	Andrea Grunst, So, Carleton	18:48.96
3	Nichole Petersen, Fr, Gustavus Adolphus	18:49.19
4	Nicole Gurgel, Fr, St. Thomas	18:55.63
5	Abigail Okrent, Sr, Carleton	19:04.87
6	Brigid Franey, Sr, St. Olaf	19:12.12
7	Nancy Buselmeier, Fr, St. Benedict	19:23.48
8	Stephanie Noonan, Fr, St. Benedict	19:27.06
9	Thea Strand, Sr, Hamline	19:31.46
10	Ashley Bean, Fr, St. Benedict	19:32.27
11	Laura Grossmann, So, Hamline	19:34.54
12	Kate Sandvig, So, Gustavus Adolphus	19:44.31
13	Theresa Miller, Jr, Saint Mary's	19:45.96
14	Emma Stefansson, Fr, Gustavus Adolphus	19:56.26
15	Mo Mullikin, So, Macalester	20:12.31
16	Alison Traffanstedt, So, Carleton	20:14.85
17	Natalie Stork, Fr, St. Thomas	20:15.41
18	Sara Conrad, Sr, St. Thomas	20:17.14
19	Sarah Gradick, Sr, Carleton	20:18.64
20	Maren Flynn, Sr, St. Olaf	20:24.73
21	Samantha Frey, Fr, Macalester	20:29.28
22	Erica Clausen, So, St. Olaf	20:41.73
23	Elissa Berry, Fr, Macalester	20:49.66
24	Joan Bennett, Fr, Macalester	20:50.14
25	Jillian Koch, Jr, St. Benedict	21:09.26
26	Berit Nelson, Fr, St. Olaf	21:32.26
27	Marian Studer, Fr, St. Benedict	21:39.22
28	Vicki Patrek, Jr, St. Olaf	21:46.47
29	Rachel Williams, Fr, St. Benedict	22:39.41
	Melissa Grunst, So, Carleton	DNC

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10000 Meter Run

1	Laura Bloedorn, Jr, Carleton	36:50.16
		Stadium record
		NCAA automatic
		NCAA provisional
2	Beth Moen, Sr, Concordia	38:55.96
		Bettters old Stadium record
3	Nicole Gurgel, Fr, St. Thomas	39:11.03
4	Andrea Grunst, So, Carleton	39:30.54
5	Brigid Franey, Sr, St. Olaf	39:39.94
6	Melissa Grunst, So, Carleton	40:00.41
7	Natalie Stork, Fr, St. Thomas	40:34.14
8	Ashley Bean, Fr, St. Benedict	40:37.50
9	Johanna Myers, Sr, St. Benedict	40:56.82
10	Mary Stein, Sr, St. Benedict	41:47.58
11	Sarah Gradick, Sr, Carleton	41:54.50
12	Erica Clausen, So, St. Olaf	42:04.36
13	Erin Anderson, Fr, Concordia	43:52.26
14	Maureen Ringlein, Fr, St. Benedict	44:06.63

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100 Meter Hurdles

Round 1, Heat 1

1	Becky Peterson, So, St. Olaf	15.23Q
2	Jenny Folgers, Fr, Saint Mary's	15.29q
3	Nicole Plante, Fr, Concordia	15.73q

4 Anne Sikorra, Jr, St. Catherine	15.93
5 Heidi Fryer, Sr, Gustavus Adolphus	16.24
6 Stacy Heiling, Jr, Hamline	16.53
7 Johanna Shreve, Fr, Macalester	16.99
8 Kristine Jensen, Fr, Concordia	17.38
9 Elizabeth Murray, So, Gustavus Adolphus	17.50

Round 1, Heat 2

1 Caroline Stuart, Sr, Carleton	15.10Q
	NCAA provisional
2 Molly Miller, Jr, St. Benedict	15.35q
3 Kirsten Fristad, Fr, Macalester	16.11
4 Crystal Thomason, Fr, Hamline	16.57
5 Marissa Lightbourne, Sr, Macalester	16.60
6 Ashleigh Penrod, Fr, Gustavus Adolphus	16.75
7 Angela Lau, Fr, St. Olaf	17.06
8 Cori Quade, Jr, St. Catherine	17.06
9 Emily Ament, So, Hamline	17.82

Round 1, Heat 3

1 Liz Hajek, Sr, Macalester	14.83Q
	Stadium record
	NCAA provisional
2 Kristina Hall, So, Concordia	15.63q
3 Kimberly Davis, Jr, Carleton	15.69q
4 Ali Cordie, Fr, Gustavus Adolphus	15.86q
5 Meghan Orgeman, Fr, St. Benedict	16.53
6 Emily Tollefson, Fr, Concordia	16.72
7 Tarah Maatz, So, Concordia	16.92
8 Julia Gray, Sr, Macalester	17.54
9 Kitty Torrison, Fr, St. Olaf	17.81

Final

1 Liz Hajek, Sr, Macalester	15.00
	Bettters old Stadium record
	NCAA provisional
2 Becky Peterson, So, St. Olaf	15.10
	NCAA provisional
3 Jenny Folgers, Fr, Saint Mary's	15.44
4 Caroline Stuart, Sr, Carleton	15.49
5 Molly Miller, Jr, St. Benedict	15.73
6 Kristina Hall, So, Concordia	15.79
7 Ali Cordie, Fr, Gustavus Adolphus	15.80
8 Nicole Plante, Fr, Concordia	16.27
9 Kimberly Davis, Jr, Carleton	16.40

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400 Meter Hurdles

Round 1, Heat 1

1 Kristina Hall, So, Concordia	65.82Q
2 Jenny Folgers, Fr, Saint Mary's	67.47q
3 Delinda Tamagni, Jr, St. Catherine	67.60q
4 Nicole Plante, Fr, Concordia	68.00
5 Meghan Orgeman, Fr, St. Benedict	71.22
Jess Miller, Fr, Bethel	DNC

Round 1, Heat 2

1 Kit Neubauer, Jr, St. Benedict	65.53Q
	Stadium record
2 Kirsten Fristad, Fr, Macalester	67.03q
3 Alicia Wakefield, Jr, Bethel	67.49q
4 Angela Lau, Fr, St. Olaf	70.16
5 Natalie Scheidt, Jr, St. Benedict	71.13
6 Lola Awoyinka, Sr, St. Benedict	73.05

Round 1, Heat 3

1 Caroline Stuart, Sr, Carleton	62.76Q
	Stadium record
	NCAA provisional
2 Ali Cordie, Fr, Gustavus Adolphus	66.47q
3 Bonny Pastika, Sr, Hamline	67.36q
4 Julia Gray, Sr, Macalester	68.20
5 Marissa Lightbourne, Sr, Macalester	68.40
6 Sheena Berg, Fr, Concordia	69.35
7 Kitty Torrison, Fr, St. Olaf	75.59

Final

1	Caroline Stuart, Sr, Carleton	64.23
	Bettters old Stadium record	
	NCAA provisional	
2	Kristina Hall, So, Concordia	65.32
	Bettters old Stadium record	
3	Kit Neubauer, Jr, St. Benedict	65.85
4	Kirsten Fristad, Fr, Macalester	66.50
5	Jenny Folgers, Fr, Saint Mary's	67.68
6	Alicia Wakefield, Jr, Bethel	68.57
7	Delinda Tamagni, Jr, St. Catherine	68.90
8	Bonny Pastika, Sr, Hamline	69.37
9	Ali Cordie, Fr, Gustavus Adolphus	70.61

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3000M Steeplechase

1	Chrissy Baune, Sr, Augsburg	11:29.23
	NCAA provisional	
2	Angela Wolkowski, Sr, Bethel	11:29.29
	NCAA provisional	
3	Mary Pulling, Sr, St. Thomas	11:44.54
	NCAA provisional	
4	Cassie Funke, Fr, Carleton	11:48.73
	NCAA provisional	
5	Alana Lucio, So, St. Thomas	11:50.34
	NCAA provisional	
6	Lisa Owen, So, Concordia	11:59.0
7	Liz Sorenson, Jr, Concordia	12:04.24
8	Becky Mooney, Sr, St. Thomas	12:08.77
9	Johanna Myers, Sr, St. Benedict	12:10.24
10	Renee Schaefer, So, Macalester	12:10.44
11	April Graves, Fr, St. Olaf	12:19.0
12	Julie Miller, Fr, Concordia	12:23.99
13	Missy Mollick, Jr, Saint Mary's	12:38.74
14	Nancy Buselmeier, Fr, St. Benedict	12:39.70
15	Keren Schaalman, Jr, Carleton	13:10.63
16	Stephanie Noonan, Fr, St. Benedict	13:12.74

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4X100 Meter Relay

Round 1, Heat 1

1	Gustavus Adolphus (Heidi Fryer, Kim Swanson, Ellen Graef, Maggie Stolp)	50.06Q
2	Macalester (Johanna Shreve, Katie Christenson, Elizabeth Durney, Liz Hajek)	50.20q
3	St. Catherine (Delinda Tamagni, Laura Widen, Jill Ament, Anne Sikorra)	50.71q
4	Concordia (Nicole Plante, Annie Knierim, Kari Rosenfeldt, Kelli Tranby)	50.80q
5	St. Olaf (Melissa Botzet, Kristy Gloe, Angela Lau, Becky Peterson)	51.77
6	Bethel (Greta Schutte, Bretta Vrieze, Becky Asp, Kristina Isaacson)	53.61

Round 1, Heat 2

1	St. Thomas (Karolien Bastiaens, Heidi Vogel, Erin Ranta, Jill Ylonen)	49.60Q
2	St. Benedict (Molly Miller, Jenny Ewertz, Annie Radabaugh, Sara Nezworski)	49.95q
3	Saint Mary's (Assumpta Mbele, Ashley Dingels, Jenny Folgers, Amber Liss)	50.05q
4	Hamline (Crystal Thomason, Danielle St. Louis, Bonny Pastika, Stacy Heiling)	50.70q
5	Carleton (Kimberly Davis, Sarah Paul, Tamra Thayer, Caroline Stuart)	50.75q
6	Augsburg (Kristen Wasser, Jean Johnson, Petra Velandier, Kristina Justiniano)	51.99

Final

1	St. Thomas (Karolien Bastiaens, Heidi Vogel, Erin Ranta, Jill Ylonen)	50.24
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2	Macalester (Johanna Shreve, Katie Christenson, Elizabeth Durney, Liz Hajek)	50.55
3	Concordia (Nicole Plante, Annie Knierim, Kari Rosenfeldt, Kelli Tranby)	50.59
4	St. Benedict (Molly Miller, Jenny Ewertz, Annie Radabaugh, Sara Nezworski)	50.69
5	Saint Mary's (Assumpta Mbele, Ashley Dingels, Jenny Folgers, Amber Liss)	50.98
6	Gustavus Adolphus (Heidi Fryer, Kim Swanson, Ellen Graef, Maggie Stolp)	51.16
7	St. Catherine (Delinda Tamagni, Laura Widen, Jill Ament, Anne Sikorra)	51.97
8	Hamline (Crystal Thomason, Danielle St. Louis, Bonny Pastika, Stacy Heiling)	52.28
9	Carleton (Kimberly Davis, Sarah Paul, Tamra Thayer, Caroline Stuart)	52.36

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4X400 Meter Relay

1	Saint Mary's (Jenny Folgers, Ashley Dingels, Amber Liss, Assumpta Mbele)	4:03.66	H2
2	St. Olaf (Abby Love, Megan Daymont, Becky Peterson, Marit Grorud)	4:04.35	H2
3	St. Thomas (Jill Ylonen, Teresa Smock, Tish Dusich, Mary McKee)	4:06.15	H2
4	Macalester (Liz Hajek, Elizabeth Durney, Julia Gray, Emily Koller)	4:06.17	H2
5	Carleton (Liz Cassel, Sarah Paul, Kristi Colbenson, Caroline Stuart)	4:07.26	H2
6	St. Catherine (Jill Ament, Emily Liddiard, Laura Widen, Anne Sikorra)	4:07.40	H2
7	Gustavus Adolphus (Jamie Bacigalupo, Ashley Farbo, Ciara Legato, Kim Swanson)	4:08.99	H2
8	St. Benedict (Lola Awoyinka, April Henderson, Kit Neubauer, Annie Radabaugh)	4:09.51	H2
9	Concordia (Kristina Hall, Lesley Albertson, Kelli Tranby, Nicole Plante)	4:11.04	H2
10	Hamline (Danielle St. Louis, Crystal Thomason, Corrin Hoffman, Bonny Pastika)	4:12.54	H1
11	Augsburg (Kristen Wasser, Hannah Dietrich, Andrea Carlson, Kristina Justiniano)	4:15.01	H1
12	Bethel (Tricia Steele, Bretta Vrieze, Kaaren Sowles, Alicia Wakefield)	4:20.45	H1

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4X800 Meter Relay

1	St. Thomas (Mary Pulling, Brigid Power, Cali Smith, Teresa Smock)	9:26.41	
			Stadium record
2	St. Olaf (Marit Grorud, Megan Call, Abby Love, Megan Daymont)	9:31.46	
			Betters old Stadium record
3	Hamline (Alaina Eckhoff, Jen Davis, Thea Strand, Corrin Hoffman)	9:36.66	
			Betters old Stadium record
4	Carleton (Kristin O'Connell, Laura Hudson, Kristi Colbenson, Sarah Paul)	9:44.18	
			Betters old Stadium record
5	Macalester (Jo Nice, Amber Converse, Kat Paluski, Mo Mullikin)	9:45.88	
			Betters old Stadium record
6	St. Benedict (Cindy Blendermann, Mia Peterson, Stephanie Noonan, Megan Rose)	9:55.76	
			Betters old Stadium record
7	Concordia (Julie Miller, Kendra Lee, Kristine Jensen, Carrie Franson)	9:56.63	
			Betters old Stadium record
8	Augsburg (Andrea Carlson, Danielle Slack,		

Hannah Dietrich, Chrissy Baune) 9:57.48
Bettters old Stadium record
9 Saint Mary's (Theresa Miller, Missy Mollick,
Keli Drake, Colleen Bourque) 10:17.08
Bethel DNC

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Long Jump

Round 1, Flight 1

1	Annie Knierim, Jr, Concordia	17-6	(5.33m)q
2	Heidi Vogel, Jr, St. Thomas	17-4	(5.28m)q
3	Jill Ylonen, Jr, St. Thomas	16-11 1/2	(5.17m)q
4	Erin Ranta, So, St. Thomas	16-6	(5.03m)q
5	Katie Christenson, So, Macalester	16-4 1/4	(4.98m)q
6	Patty Herou, Sr, St. Benedict	15-11 1/2	(4.86m)
7	Kristine Jensen, Fr, Concordia	15-10 1/4	(4.83m)
8	Maggie Stolp, So, Gustavus Adolphus	15-5	(4.70m)
9	Sarah Beggs, Sr, St. Olaf	14-0 1/4	(4.27m)

Round 1, Flight 2

1	Kelli Tranby, Sr, Concordia	18-1 3/4	(5.53m)q
	Stadium record		
	NCAA provisional		
2	Caroline Stuart, Sr, Carleton	17-1 1/2	(5.22m)q
3	Sarah Paul, Sr, Carleton	16-2 1/2	(4.94m)q
4	Viet Hanh Nguyen, Fr, St. Thomas	16-1	(4.90m)q
5	Johanna Shreve, Fr, Macalester	15-1 1/2	(4.61m)
6	Karolien Bastiaens, So, St. Thomas	15-1 1/4	(4.60m)
7	Petra Velandar, Sr, Augsburg	14-7 1/4	(4.45m)
8	Tarah Maatz, So, Concordia	13-10 1/4	(4.22m)
	Anne Sikorra, Jr, St. Catherine	ND	

Final

1	Kelli Tranby, Sr, Concordia	18-1 3/4	(5.53m)
	Stadium record		
	NCAA provisional		
2	Jill Ylonen, Jr, St. Thomas	17-8 1/4	(5.39m)
3	Annie Knierim, Jr, Concordia	17-6	(5.33m)
4	Heidi Vogel, Jr, St. Thomas	17-4	(5.28m)
5	Caroline Stuart, Sr, Carleton	17-1 1/2	(5.22m)
6	Erin Ranta, So, St. Thomas	16-8	(5.08m)
7	Katie Christenson, So, Macalester	16-4 1/4	(4.98m)
8	Sarah Paul, Sr, Carleton	16-2 1/2	(4.94m)
9	Viet Hanh Nguyen, Fr, St. Thomas	16-1	(4.90m)

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Triple Jump

Round 1, Flight 1

1	Annie Knierim, Jr, Concordia	35-9 1/4	(10.90m)q
2	Lindsey Weis, So, Gustavus Adolphus	35-6 3/4	(10.84m)q
3	Petra Velandar, Sr, Augsburg	33-2 1/2	(10.12m)q
4	Heidi Vogel, Jr, St. Thomas	33-1 1/4	(10.09m)q
5	Elizabeth Murray, So, Gustavus Adolphus	32-7 3/4	(9.95m)
6	Sonja Moe, Fr, St. Olaf	32-3	(9.83m)
7	Kari Rosenfeldt, Jr, Concordia	32-2	(9.80m)
8	Kerby Carlson, So, St. Thomas	30-10 1/4	(9.40m)
9	Sarah Margoles, So, Carleton	30-9	(9.37m)

Round 1, Flight 2

1	Greta Schutte, Sr, Bethel	34-8 1/2	(10.58m)q
2	Amber Mensen, So, St. Benedict	34-3 1/2	(10.45m)q
3	Emily Beyer, Fr, St. Benedict	34-0 3/4	(10.38m)q
4	Viet Hanh Nguyen, Fr, St. Thomas	33-3 1/4	(10.14m)q
5	Cori Quade, Jr, St. Catherine	33-1	(10.08m)q
6	Sarah Beggs, Sr, St. Olaf	32-7	(9.93m)
7	Angela Van Binsbergen, Fr, Augsburg	31-5 1/4	(9.58m)
8	Jenn Matz, Fr, Concordia	30-2 3/4	(9.21m)

Final

1	Heidi Vogel, Jr, St. Thomas	36-6 1/4	(11.13m)
2	Annie Knierim, Jr, Concordia	36-5 3/4	(11.12m)
3	Lindsey Weis, So, Gustavus Adolphus	35-10 3/4	(10.94m)

4	Greta Schutte, Sr, Bethel	34-8 1/2	(10.58m)
5	Amber Mensen, So, St. Benedict	34-3 1/2	(10.45m)
6	Emily Beyer, Fr, St. Benedict	34-3 1/2	(10.45m)
7	Petra Velandier, Sr, Augsburg	33-4	(10.16m)
8	Viet Hanh Nguyen, Fr, St. Thomas	33-3 1/4	(10.14m)
9	Cori Quade, Jr, St. Catherine	33-1	(10.08m)

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Shot Put

Round 1, Flight 1

1	Jasmine Lund, Sr, Bethel	39-5	(12.01m)q
2	Katie Christenson, So, Macalester	36-7 3/4	(11.17m)q
3	Melissa Logan, So, Carleton	36-3	(11.05m)q
4	Erica Eastley, Fr, Concordia	35-5 1/4	(10.80m)
5	Ali Taylor, Jr, Hamline	35-3 3/4	(10.76m)
6	Ellen Crow, Fr, St. Thomas	33-6 3/4	(10.23m)
7	Emily Uzzell, Jr, St. Olaf	33-4	(10.16m)
8	Colleen O'Hearn, Sr, Saint Mary's	32-7	(9.93m)
9	Ashley Dingels, Fr, Saint Mary's	31-10 1/4	(9.71m)

Round 1, Flight 2

1	Jackie Luehmann, So, Gustavus Adolphus	44-7	(13.59m)q
	Stadium record		
	NCAA automatic		
	NCAA provisional		
2	Allison Clark, Jr, St. Benedict	37-2 1/4	(11.33m)q
2	Kristin Petersen, So, Gustavus Adolphus		
	37-2 1/4	(11.33m)q	
4	Becky Martinson, Jr, Hamline	36-4	(11.07m)q
5	Crystal Baloun, So, St. Thomas	36-2 3/4	(11.04m)q
6	Jennifer Levenhagen, So, St. Olaf	35-8 3/4	(10.89m)q
7	Kirsten Gulbro, Jr, Augsburg	35-1	(10.69m)
8	Jessica Braun, Fr, St. Benedict	34-5	(10.49m)
9	Nicole Irvin, Fr, Concordia	32-3 3/4	(9.85m)

Final

1	Jackie Luehmann, So, Gustavus Adolphus	44-7	(13.59m)
	Stadium record		
	NCAA automatic		
	NCAA provisional		
2	Jasmine Lund, Sr, Bethel	39-5	(12.01m)
3	Kristin Petersen, So, Gustavus Adolphus		
	37-11 1/4	(11.56m)	
4	Allison Clark, Jr, St. Benedict	37-7 1/4	(11.46m)
5	Katie Christenson, So, Macalester	36-9 1/2	(11.21m)
6	Crystal Baloun, So, St. Thomas	36-4 3/4	(11.09m)
7	Becky Martinson, Jr, Hamline	36-4	(11.07m)
8	Melissa Logan, So, Carleton	36-3	(11.05m)
9	Jennifer Levenhagen, So, St. Olaf	35-8 3/4	(10.89m)

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Discus Throw

Round 1, Flight 1

1	Kristin Petersen, So, Gustavus Adolphus	142-3	(43.37m)q
	NCAA provisional		
2	Jackie Luehmann, So, Gustavus Adolphus	130-4	(39.73m)q
3	Crystal Baloun, So, St. Thomas	127-2	(38.76m)q
4	Kirsten Gulbro, Jr, Augsburg	119-7	(36.45m)q
5	Robin Schuette, Sr, Hamline	116-4	(35.46m)
6	Melissa Logan, So, Carleton	115-8	(35.27m)
7	Eva Miller, Fr, Gustavus Adolphus	115-6	(35.20m)
8	Lorna Wilson, Fr, St. Olaf	100-11	(30.77m)
9	Jen Brouwers, Fr, St. Catherine	100-5	(30.62m)

Round 1, Flight 2

1	Jennifer Levenhagen, So, St. Olaf	135-2	(41.19m)q
	Ties NCAA provisional		
2	Erica Eastley, Fr, Concordia	132-2	(40.29m)q
3	Miriah Mougey, Jr, Concordia	126-0	(38.41m)q
4	Carmen Leger, Fr, Gustavus Adolphus	125-9	(38.32m)q
5	Colleen O'Hearn, Sr, Saint Mary's	125-4	(38.21m)q
6	Becky Madvig, Jr, Bethel	113-6	(34.59m)

7	Joquel Rudningen, So, St. Benedict	111-10	(34.08m)
8	Emily Uzzell, Jr, St. Olaf	109-3	(33.30m)
9	Kate Otremba, Jr, St. Benedict	100-11	(30.77m)

Final

1	Kristin Petersen, So, Gustavus Adolphus	142-3	(43.37m)
	NCAA provisional		
2	Jackie Luehmann, So, Gustavus Adolphus	135-4	(41.26m)
	NCAA provisional		
3	Jennifer Levenhagen, So, St. Olaf	135-2	(41.19m)
	Ties NCAA provisional		
4	Carmen Leger, Fr, Gustavus Adolphus	134-3	(40.92m)
5	Erica Eastley, Fr, Concordia	132-2	(40.29m)
6	Crystal Baloun, So, St. Thomas	128-8	(39.23m)
7	Miriah Mougey, Jr, Concordia	127-2	(38.77m)
8	Colleen O'Hearn, Sr, Saint Mary's	125-4	(38.21m)
9	Kirsten Gulbro, Jr, Augsburg	119-7	(36.45m)

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Hammer Throw

Round 1, Flight 1

1	Miriah Mougey, Jr, Concordia	146-5	(44.64m)q
	NCAA provisional		
2	Julie Mareck, Jr, St. Catherine	141-9	(43.22m)q
3	Jackie Luehmann, So, Gustavus Adolphus	133-2	(40.59m)q
4	Robin Schuette, Sr, Hamline	126-0	(38.41m)q
5	Ali Taylor, Jr, Hamline	125-6	(38.26m)q
6	Joquel Rudningen, So, St. Benedict	125-4	(38.20m)q
7	Heather Sieben, Fr, Gustavus Adolphus	123-9	(37.73m)
8	Nicole Irvin, Fr, Concordia	115-2	(35.11m)
9	Ellen Crow, Fr, St. Thomas	97-2	(29.62m)

Round 1, Flight 2

1	Becky Lacher, Sr, Concordia	139-0	(42.36m)q
2	Kirsten Gulbro, Jr, Augsburg	133-7	(40.72m)q
3	Kate Otremba, Jr, St. Benedict	130-9	(39.86m)q
4	Becky Martinson, Jr, Hamline	123-8	(37.70m)
5	Crystal Baloun, So, St. Thomas	120-2	(36.64m)
6	Becky Madvig, Jr, Bethel	117-3	(35.73m)
7	Allison Clark, Jr, St. Benedict	116-1	(35.39m)
8	Melissa Logan, So, Carleton	107-3	(32.69m)
	Reina Dee, Sr, St. Thomas	ND	

Final

1	Miriah Mougey, Jr, Concordia	148-1	(45.13m)
	NCAA provisional		
2	Julie Mareck, Jr, St. Catherine	141-9	(43.22m)
3	Becky Lacher, Sr, Concordia	139-0	(42.36m)
4	Kirsten Gulbro, Jr, Augsburg	136-8	(41.65m)
5	Jackie Luehmann, So, Gustavus Adolphus	134-11	(41.12m)
6	Kate Otremba, Jr, St. Benedict	130-9	(39.86m)
7	Joquel Rudningen, So, St. Benedict	127-5	(38.85m)
8	Robin Schuette, Sr, Hamline	126-0	(38.41m)
9	Ali Taylor, Jr, Hamline	125-6	(38.26m)

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Javelin Throw

Round 1, Flight 1

1	Alison Routledge, Sr, Concordia	113-5	(34.57m)q
2	Erica Eastley, Fr, Concordia	107-10	(32.88m)q
3	Jen Dowzak, Sr, St. Catherine	104-11	(31.97m)q
4	Katie Hoeschen, So, Gustavus Adolphus	104-9	(31.93m)q
5	Jennifer Levenhagen, So, St. Olaf	100-11	(30.76m)q
6	Chaitra Raile, Jr, Concordia	96-5	(29.38m)
7	Kimberly Davis, Jr, Carleton	95-10	(29.22m)
8	Lizzy Erickson, So, Carleton	95-1	(28.98m)
	Sarah Paul, Sr, Carleton	ND	

Round 1, Flight 2

1	Nicole Plante, Fr, Concordia	116-4	(35.46m)q
2	Kristi Colbenson, Fr, Carleton	107-5	(32.75m)q
3	Stacy Heiling, Jr, Hamline	105-8	(32.22m)q
4	Sara Diercks, Sr, St. Thomas	105-4	(32.10m)q

5	Amanda Guralski, So, St. Thomas	100-7	(30.66m)
6	Danielle Soncrant, So, St. Benedict	99-9	(30.40m)
7	Katie Reynolds, Jr, St. Thomas	97-10	(29.81m)
8	Colleen O'Hearn, Sr, Saint Mary's	96-1	(29.30m)
9	Mia Peterson, Sr, St. Benedict	95-4	(29.07m)

Final

1	Nicole Plante, Fr, Concordia	116-4	(35.46m)
2	Alison Routledge, Sr, Concordia	113-5	(34.57m)
3	Sara Diercks, Sr, St. Thomas	112-2	(34.19m)
4	Erica Eastley, Fr, Concordia	111-4	(33.94m)
5	Kristi Colbenson, Fr, Carleton	111-4	(33.94m)
6	Jennifer Levenhagen, So, St. Olaf	108-10	(33.17m)
7	Jen Dowzak, Sr, St. Catherine	108-6	(33.08m)
8	Stacy Heiling, Jr, Hamline	105-8	(32.22m)
9	Katie Hoeschen, So, Gustavus Adolphus	104-9	(31.93m)

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High Jump

1	Lindsey Weis, So, Gustavus Adolphus	5-2 1/2	(1.59m)
2	Danielle St. Louis, Fr, Hamline	5-2 1/2	(1.59m)
3	Ashley Dingels, Fr, Saint Mary's	5-2 1/2	(1.59m)
4	Michelle Steadman, Fr, Gustavus Adolphus	5-0 1/2	(1.54m)
5	Lisa Juth, Fr, St. Catherine	5-0 1/2	(1.54m)
6	Anne Sikorra, Jr, St. Catherine	4-10 1/2	(1.49m)
7	Leah Dvorak, Jr, St. Olaf	4-10 1/2	(1.49m)
7	Amber Mensen, So, St. Benedict	4-10 1/2	(1.49m)
9	Julia Lippitt, Fr, Carleton	4-10 1/2	(1.49m)
9	Kimberly Davis, Jr, Carleton	4-10 1/2	(1.49m)
11	Sarah Paul, Sr, Carleton	4-8 3/4	(1.44m)
12	Greta Schutte, Sr, Bethel	4-8 3/4	(1.44m)
13	Tricia Steele, Fr, Bethel	4-8 3/4	(1.44m)
13	Melissa Redig, So, Saint Mary's	4-8 3/4	(1.44m)
13	Mia Peterson, Sr, St. Benedict	4-8 3/4	(1.44m)
16	Sara Entgelmeier, Fr, Macalester	4-6 3/4	(1.39m)

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Pole Vault

1	Karolien Bastiaens, So, St. Thomas	11-6 1/4	(3.51m)
	NCAA provisional		
2	Kristi Schneider, Fr, Gustavus Adolphus	10-10 1/4	(3.31m)
	NCAA provisional		
2	Anne Sikorra, Jr, St. Catherine	10-10 1/4	(3.31m)
	NCAA provisional		
4	Heidi Fryer, Sr, Gustavus Adolphus	10-10 1/4	(3.31m)
	NCAA provisional		
5	Tamra Thayer, Sr, Carleton	10-4 1/4	(3.16m)
6	Shannon Martin, So, Gustavus Adolphus	10-4 1/4	(3.16m)
7	Theresa Lonsky, So, St. Benedict	9-4 1/2	(2.86m)
7	Heather Moor, Sr, Carleton	9-4 1/2	(2.86m)
9	Patty Herou, Sr, St. Benedict	9-4 1/2	(2.86m)
10	Sarah Margoles, So, Carleton	9-4 1/2	(2.86m)
11	Katie Joyce, Jr, St. Thomas	9-4 1/2	(2.86m)
12	Elizabeth McHugo, Fr, St. Thomas	9-4 1/2	(2.86m)
13	Sarah Lenhardt, Jr, St. Benedict	8-10 3/4	(2.71m)
13	Jessica Rosenblatt, So, Carleton	8-10 3/4	(2.71m)
15	Heather Berscheidt, Fr, St. Benedict	8-10 3/4	(2.71m)

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Heptathlon

1	Anne Sikorra, Jr, St. Catherine	4314
	NCAA provisional	
2	Caroline Stuart, Sr, Carleton	4289
	NCAA provisional	
3	Ashley Dingels, Fr, Saint Mary's	4268
	NCAA provisional	
4	Becky Peterson, So, St. Olaf	4250

	NCAA provisional	
5 Nicole Plante, Fr, Concordia		4132
	NCAA provisional	
6 Sarah Paul, Sr, Carleton		4096
	NCAA provisional	
7 Kimberly Davis, Jr, Carleton		3826
8 Mia Peterson, Sr, St. Benedict		3819
9 Renee Splichel, Concordia		3591
10 Kristine Jensen, Fr, Concordia		3298
11 Petra Velandar, Sr, Augsburg		2942
12 Angela Van Binsbergen, Fr, Augsburg		2365

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